JUMPS	STANDING TUMBLING	RUNNING TUMBLING	DANCE	# of Participants	25%	50%
1 - 4 point range	1 point range	1 point range	1 - 2 point range	5	1	2
BANANA	ROUND OFF	FORWARD ROLL	LEVEL CHANGE NOT INVOLVING ENTIRE TEAM	6	1	3
TUCK	FORWARD ROLL	BACKWARD ROLL	0 FORMATION CHANGES	<b>-</b>	1	3
STAG	BACKWARD ROLL	CARTWHEEL	U FORWATION CHANGES	8	2	4
SPREAD EAGLE	CARTWHEEL	GARTWHEEL		9	2	4
STALAU LAGEL	FRONT/BACK WALKOVER			10	2	5
	THORMON WERO PER			11	2	5
				12	3	6
				13	3	6
5 - 6 point range	2 point range	2 point range	3 point range	14	3	7
				45	•	7
SINGLE JUMP UNCONNECTED	AERIAL CARTWHEEL	ROUND OFF	1 LEVEL CHANGE INVOLVING ENTIRE TEAM	15 16	3	8
TOE TOUCH	FRONT HANDSPRING		1 FORMATION CHANGE	17	4	
HERKIE				17	4	9
HURDLER					4	;
PIKE				19 20	4 5	1
7 - 8 point range	3 point range	3 point range	4 point range	20 21	5	1
					-	4
DOUBLE JUMP CONNECTED SKILLS	BACK HANDSPRING	FRONT/BACK WALKOVER	2 LEVEL CHANGES INVOLVING ENTIRE TEAM	22	5	1
(variety and average or good jumps below)			2 FORMATION CHANGES	23	5	1 1
TOE TOUCH			-	24	6	
HERKIE			-	25	0	1
HURDLER				26	6	1 1
PIKE				27 28	6 7	1
9 - 10 point range	4 - 5 point range	4 - 5 point range	5 point range	29	7	1 1
				30	1 7	1
TRIPLE JUMP CONNECTED	FORWARD ROLL BHS	R/O BACK HANDSPRING	3 LEVEL CHANGES INVOLVING ENTIRE TEAM	31	7	1
(variety and average or good jumps below)	CARTWHEEL BHS		3 FORMATION CHANGES	32	8	1
TOE TOUCH				33	8	1
HERKIE				34	8	1
HURDLER				J4		

<sup>\*</sup>Failure to perform a category appropriate cheeleading skill will result in a zero.

<sup>\*</sup>Tumbling must be performed by AT LEAST 25% of team
\*Jump and Dance Skills must be performed by AT LEAST 50% of team